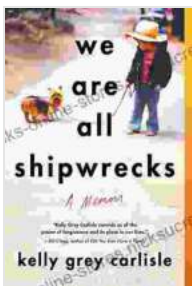


We Are All Shipwrecks: A Memoir of Addiction, Loss, and Redemption



We Are All Shipwrecks: A Memoir by Kelly Grey Carlisle

★★★★☆ 4.3 out of 5

Language : English

File size : 1203 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 324 pages



In her powerful and deeply moving memoir, *We Are All Shipwrecks*, Anne Lamott writes about her own struggles with addiction, loss, and redemption. With honesty and humor, she shares her experiences with alcohol and drug addiction, the death of her son, and her journey to recovery.

Lamott's writing is raw and unflinching, but it is also full of hope and compassion. She writes about the darkness of addiction, but she also shows us the light of recovery. She writes about the pain of loss, but she also shows us the beauty of life.

We Are All Shipwrecks is a must-read for anyone who has ever struggled with addiction or knows someone who has. It is a powerful reminder that we are all capable of redemption, no matter how far we have fallen.

Addiction

Lamott's addiction began in her early twenties. She started drinking and using drugs as a way to escape her problems. At first, it was just a way to have fun, but it quickly became a way to numb her pain.

Lamott's addiction spiraled out of control over the next several years. She lost her job, her home, and her relationships. She was arrested several times and spent time in jail.

At her lowest point, Lamott was suicidal. She had lost all hope and didn't believe that she could ever get sober. But then, she found a 12-step program and began her journey to recovery.

Loss

In 2005, Lamott's son, Sam, died of a drug overdose. Sam was only 20 years old. His death was a devastating blow to Lamott, and she struggled to come to terms with her loss.

In her memoir, Lamott writes about the pain of losing a child. She writes about the anger, the sadness, and the guilt. But she also writes about the love that she still has for her son, and the hope that she has for his future.

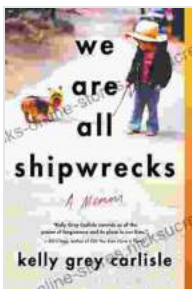
Redemption

After Sam's death, Lamott threw herself into her recovery. She worked the 12 steps, went to therapy, and found support from other people in recovery.

Through her recovery, Lamott has found a new purpose in life. She is now a successful writer and speaker, and she shares her story of hope and redemption with others.

Lamott's memoir is a powerful reminder that we are all capable of redemption, no matter how far we have fallen. Her story is a testament to the power of hope, love, and forgiveness.

We Are All Shipwrecks is a must-read for anyone who has ever struggled with addiction or knows someone who has. It is a powerful and moving memoir that will stay with you long after you finish reading it.



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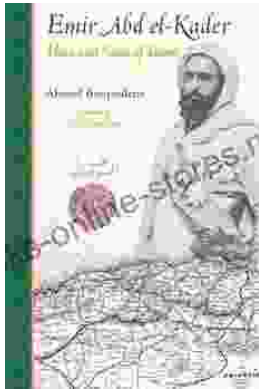
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