

# Stories and Recipes from Rockin Cook's Journey Fueling America's Biggest Touring

For over 30 years, Rockin Cook has been feeding some of the biggest names in music. From Aerosmith to ZZ Top, he's cooked for them all. Along the way, he's collected a wealth of stories and recipes that he's now sharing in his new cookbook, "Rockin Cook's Journey: Fueling America's Biggest Touring."



## Rock Doesn't Roll on an Empty Stomach: Stories and Recipes from a Rockin' Cook's Journey Fueling America's Biggest Touring Bands of the 70's And 80's

by Midge Trubey

★★★★☆ 4.6 out of 5

Language : English  
File size : 9328 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 204 pages



In his book, Rockin Cook takes readers on a culinary journey, sharing the recipes and stories behind some of his most famous dishes. He also offers a behind-the-scenes look at the life of a touring chef, revealing the challenges and rewards of feeding a hungry band of musicians.

One of the most interesting things about Rockin Cook's journey is his ability to adapt his cooking to the different tastes of his clients. He's learned to cook everything from classic American comfort food to exotic international cuisine. No matter what the band's dietary needs, Rockin Cook has always been able to deliver.

In addition to his recipes, Rockin Cook also shares some of the stories behind his most memorable meals. He recalls cooking for Aerosmith in the middle of a snowstorm, and for ZZ Top in a remote desert location. He's also cooked for presidents, celebrities, and even royalty.

Rockin Cook's cookbook is more than just a collection of recipes. It's a testament to the power of food to bring people together. Through his cooking, Rockin Cook has forged lasting relationships with some of the biggest names in music. He's also inspired a generation of young chefs to follow in his footsteps.

If you're a fan of music, food, or just good stories, then you'll love Rockin Cook's cookbook. It's a fascinating look into the life of a touring chef, and it's filled with delicious recipes that you can make at home.

## **Recipes from Rockin Cook's Journey**

Here are a few of the recipes from Rockin Cook's cookbook:

- **Aerosmith's Snowstorm Chili**
- **ZZ Top's Desert Ribs**
- **President Clinton's Favorite Mac and Cheese**
- **Lady Gaga's Meatball Parm**

- **Dave Grohl's Foo Fighters Nachos**

These are just a few of the many recipes that Rockin Cook has shared in his book. If you're looking for some delicious and easy-to-make recipes, then be sure to check out "Rockin Cook's Journey: Fueling America's Biggest Touring."

### **Stories from Rockin Cook's Journey**

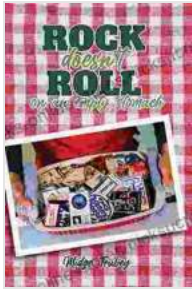
In addition to his recipes, Rockin Cook also shares some of the stories behind his most memorable meals. Here are a few of our favorites:

- **Cooking for Aerosmith in a snowstorm**
- **Cooking for ZZ Top in a remote desert location**
- **Cooking for President Clinton at the White House**
- **Cooking for Lady Gaga at a private party**
- **Cooking for Dave Grohl and the Foo Fighters on tour**

These are just a few of the many stories that Rockin Cook has to tell. If you're interested in learning more about his journey, then be sure to read his cookbook, "Rockin Cook's Journey: Fueling America's Biggest Touring."

Rockin Cook is a true culinary legend. He's cooked for some of the biggest names in music, and he's collected a wealth of stories and recipes along the way. His cookbook, "Rockin Cook's Journey: Fueling America's Biggest Touring," is a must-read for any fan of music, food, or good stories.

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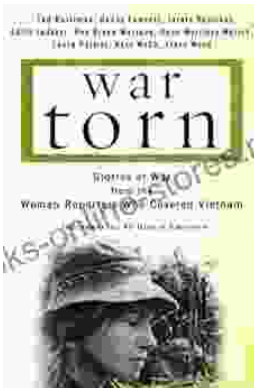


## America's Biggest Touring Bands of the 70's And 80's

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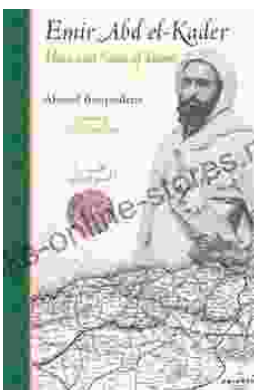
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