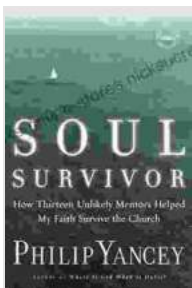


Soul Survivor: How My Faith Survived The Church

I grew up in a small town in the Midwest, where going to church was as much a part of life as eating apple pie and watching the Fourth of July fireworks. My family was devoutly religious, and I was raised to believe that God was the center of everything. I went to church every Sunday, sang in the choir, and participated in all the youth group activities.

As I got older, my faith began to change. I started to question some of the things I had been taught, and I began to wonder if there was more to life than what I had been told. I started to explore other religions and spiritual practices, and I began to find a new way of understanding the world.



Soul Survivor: How My Faith Survived the Church

by Philip Yancey

★★★★☆ 4.6 out of 5

Language : English

File size : 920 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

X-Ray : Enabled

Word Wise : Enabled

Print length : 346 pages



But my journey of faith was not without its challenges. I struggled with doubt, I felt like an outsider in my own church, and I was often criticized for

my beliefs. But through it all, I never gave up on my search for truth.

One of the biggest challenges I faced was spiritual abuse. I was in a relationship with a man who was very controlling and manipulative. He used my faith against me, and he made me feel like I was worthless if I didn't believe everything he said.

It took me a long time to realize that I was being abused, and when I finally did, I was devastated. I felt like I had lost everything, and I didn't know where to turn.

But even in my darkest moments, I never gave up on my faith. I knew that God was with me, and I knew that he would help me through this.

I started going to therapy, and I started to learn about the signs of spiritual abuse. I also started to connect with other survivors of spiritual abuse, and I realized that I was not alone.

Through therapy and support from other survivors, I began to heal from the abuse I had experienced. I learned to trust myself again, and I learned to set boundaries with people who were trying to control me.

I also started to find a new way of understanding my faith. I realized that I didn't need to go to church to be a good person, and I didn't need to believe everything that I had been taught. I started to focus on my own spiritual journey, and I started to find a deeper connection with God.

Today, I am a strong and independent woman who is confident in her faith. I am no longer afraid to speak my mind, and I am no longer afraid to

challenge the status quo. I am a soul survivor, and I am proud of the journey that I have taken.

My story is not unique. Thousands of people every year are subjected to spiritual abuse. If you are experiencing spiritual abuse, please know that you are not alone. There is help available, and you can heal from this trauma.

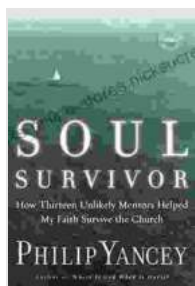
Here are some resources that can help you:

- The National Domestic Violence Hotline: 1-800-799-SAFE
- The National Sexual Assault Hotline: 1-800-656-HOPE
- The Childhelp USA National Child Abuse Hotline: 1-800-422-4453
- The Rape, Abuse & Incest National Network (RAINN): 1-800-656-HOPE

You can also get help online at the following websites:

- The National Domestic Violence Hotline website:
<https://www.thehotline.org>
- The National Sexual Assault Hotline website: <https://www.rainn.org>
- The Childhelp USA National Child Abuse Hotline website:
<https://www.childhelpusa.org>
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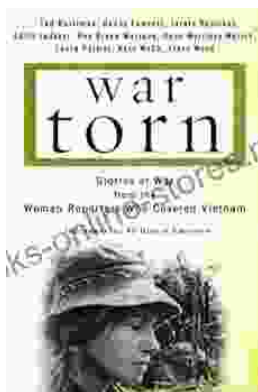


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