

# One Day I'll Remember This: Diaries 1987-1995

In his latest book, *One Day I'll Remember This*, award-winning author Fredrick Backman delivers a deeply personal and moving memoir that is both a poignant reflection on the past and a hopeful look to the future.



## One Day I'll Remember This: Diaries 1987–1995

by Helen Garner

★★★★☆ 4.5 out of 5

Language : English  
File size : 1395 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting: Enabled  
Word Wise : Enabled  
Print length : 272 pages



Backman's diaries, which span the years 1987 to 1995, offer a candid and often humorous glimpse into the life of a young man struggling to find his place in the world. We meet Backman as a teenager, full of dreams and ambitions, but also plagued by insecurities and self-doubt. We follow him as he navigates the challenges of young adulthood, including heartbreak, financial struggles, and the search for a fulfilling career.

Throughout his journey, Backman's writing is marked by a rare honesty and vulnerability. He doesn't shy away from his own flaws and failures, but

instead embraces them as part of the human experience. In doing so, he creates a deeply relatable and authentic portrait of a life in progress.

*One Day I'll Remember This* is more than just a memoir, however. It is also a meditation on the nature of memory and the importance of storytelling. Backman reflects on the ways in which our memories shape our present and future, and he explores the power of stories to connect us to one another and to the past.

Ultimately, *One Day I'll Remember This* is a book about the human condition. It is a book about love, loss, hope, and redemption. It is a book that will resonate with anyone who has ever struggled to find their place in the world, or who has ever wondered what their life might have been like if they had made different choices.

### **A Few of My Favorite Passages**

Here are a few of my favorite passages from *One Day I'll Remember This*:

“

***“I used to think that the only way to be happy was to have everything figured out. But now I realize that happiness is not about having all the answers. It's about being able to live with the questions.”***”

“

***“The past is a foreign country. They do things differently there.”***”

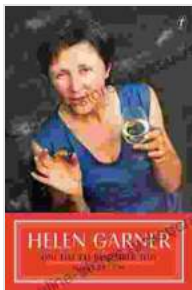
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**““We are all stories, in the end. Just make it a good one.””**

One Day I'll Remember This is a beautiful and moving book that is sure to stay with me for a long time to come. Backman's writing is honest, vulnerable, and often humorous, and he has a rare gift for capturing the complexities of human relationships and the challenges of life in all its messiness.

If you are looking for a book that will make you laugh, cry, and think, then I highly recommend One Day I'll Remember This.



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