

Label Me: My Journey Towards an Autism Diagnosis



I was always a bit different. I didn't like loud noises or bright lights. I had trouble making friends and understanding social cues. I was always the odd one out.

As I got older, my differences became more pronounced. I struggled in school, especially in math and science. I was bullied by my classmates and I felt like I didn't belong.

Label Me: My Journey Towards an Autism Diagnosis

by Francesca Baird



★★★★☆ 4.4 out of 5

Language	: English
File size	: 741 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 206 pages
Lending	: Enabled



I went to see a therapist, who diagnosed me with depression and anxiety. But the medication didn't help and I still felt like something was wrong.

Finally, when I was 25, I went to see a psychiatrist who specializes in autism. He diagnosed me with autism spectrum disorder (ASD).

It was a relief to finally have a diagnosis. It explained why I had always been different. It also gave me a sense of hope. I knew that there were other people like me and that I wasn't alone.

Getting an autism diagnosis was a long and winding road, but it was worth it in the end. I finally understand why I am the way I am, and I can now embrace my strengths and weaknesses.

My Strengths

1. I am a creative thinker.
2. I am a loyal friend.
3. I am passionate about my interests.

4. I am a hard worker.
5. I am a survivor.

My Weaknesses

1. I am sensitive to sensory input.
2. I have difficulty with social interactions.
3. I am rigid in my thinking.
4. I am prone to anxiety and depression.
5. I have difficulty with change.

Getting an autism diagnosis has been a life-changing experience. It has helped me to understand myself better and to accept my differences. It has also given me the confidence to pursue my dreams and to live a full and happy life.



Label Me: My Journey Towards an Autism Diagnosis

by Francesca Baird

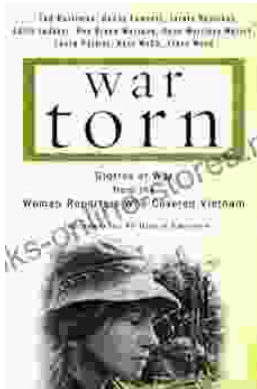
★★★★☆ 4.4 out of 5

Language	: English
File size	: 741 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 206 pages
Lending	: Enabled

FREE

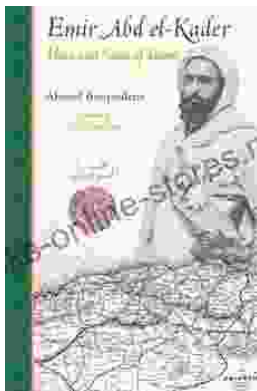
DOWNLOAD E-BOOK





Stories of War from the Women Reporters Who Covered Vietnam

The Vietnam War was one of the most significant events of the 20th century. It was a complex and controversial conflict that had a profound impact on both the United States...



The Hero and Saint of Islam: A Perennial Philosophy

Ali ibn Abi Talib, the fourth caliph of Islam, is a figure of great significance in the Muslim world. He is revered as a hero and a saint, and his...