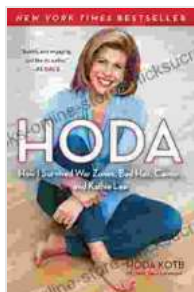


# How I Survived War Zones, Bad Hair, Cancer, and Kathie Lee



## Hoda: How I Survived War Zones, Bad Hair, Cancer, and Kathie Lee by Hoda Kotb

★★★★☆ 4.7 out of 5

Language : English  
File size : 9921 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 292 pages



I've been through a lot in my life. I've been to war zones. I've had bad hair. I've had cancer. And I've met Kathie Lee Gifford.

I'm not going to lie, it's been a tough road. But I'm still here. I'm still standing. And I'm still laughing.

I've learned a lot along the way. I've learned that life is precious. I've learned that laughter is the best medicine. And I've learned that Kathie Lee Gifford is not as nice as she seems.

But I've also learned that I'm stronger than I thought. I'm more resilient than I thought. And I'm more hopeful than I thought.

I'm not going to let the bad things that have happened to me define me. I'm not going to let the war zones, the bad hair, the cancer, or Kathie Lee Gifford get me down.

I'm going to keep fighting. I'm going to keep laughing. And I'm going to keep living.

## **War Zones**

I've been to war zones. I've seen things that no one should ever have to see. I've seen people killed. I've seen children starving. And I've seen hope in the midst of despair.

War is a terrible thing. It destroys lives and families. It tears communities apart. And it leaves a lasting scar on the world.

But even in the darkest of times, there is always hope. I've seen people rise above the violence and the hatred. I've seen them rebuild their lives and their communities. And I've seen them find peace in the midst of chaos.

I'm grateful for the opportunity to have witnessed the resilience of the human spirit. I'm grateful for the chance to have made a difference in the lives of others. And I'm grateful for the hope that I've found in even the darkest of places.

## **Bad Hair**

I've had bad hair. Really bad hair. I've had hair that was too long, too short, too curly, too straight, too frizzy, and too greasy.

I've tried every hairstyle under the sun. I've had bobs, lobs, pixies, and mullets. I've had bangs, layers, and extensions. I've even had my hair bleached, dyed, and permed.

But no matter what I do, my hair always seems to have a mind of its own. It's like a wild animal that I can't control.

But I've learned to embrace my bad hair. I've learned that it's part of what makes me unique. And I've learned that it's okay to laugh at myself.

So if you see me walking down the street with a bad hair day, don't judge me. Just smile and wave. And remember, you're not the only one who has bad hair.

## **Cancer**

I've had cancer. I was diagnosed with breast cancer in 2010. It was a scary time for me and my family. But I was determined to beat it.

I went through surgery, chemotherapy, and radiation. It was a tough road, but I never gave up hope. I knew that I had to fight for my life.

And I did. I beat cancer. I'm now cancer-free and living my life to the fullest.

I'm grateful for the opportunity to have survived cancer. I'm grateful for the support of my family and friends. And I'm grateful for the hope that I found in the midst of my darkest days.

If you're facing cancer, don't give up hope. There is always hope. You can beat this.

## **Kathie Lee Gifford**

I've met Kathie Lee Gifford. I was a guest on her show, The Today Show, in 2011. I was there to talk about my cancer journey.

I was excited to meet Kathie Lee. I had always admired her as a woman of faith and a survivor of breast cancer.

But when I met her, I was disappointed. She was not as warm and friendly as I had expected. She seemed more interested in promoting her own products than in hearing my story.

I was left with a bad impression of Kathie Lee Gifford. I realized that she is not the person that she appears to be on TV.

But I'm not going to let my experience with Kathie Lee Gifford ruin my opinion of all celebrities. I know that there are many good and genuine people in the world.

I'm going to keep fighting for what I believe in. I'm going to keep laughing. And I'm going to keep living my life to the fullest.

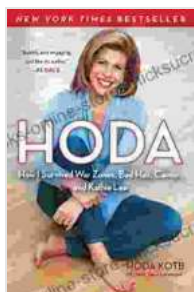
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I'm not going to let the bad things that have happened to me define me. I'm not going to let the war zones, the bad hair, the cancer, or Kathie Lee Gifford get me down.

I'm going to keep fighting. I'm going to keep laughing. And I'm going to keep living.

I hope that my story will inspire you to never give up on your dreams. No matter what challenges you face, you can overcome them. You are stronger than you think.

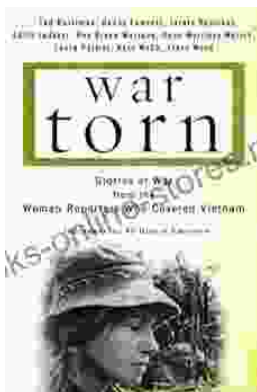
So go out there and live your life to the fullest. And never let anyone tell you that you can't do something. You can do anything you set your mind to.



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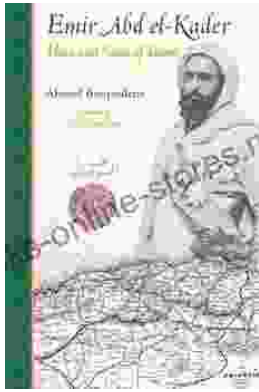
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